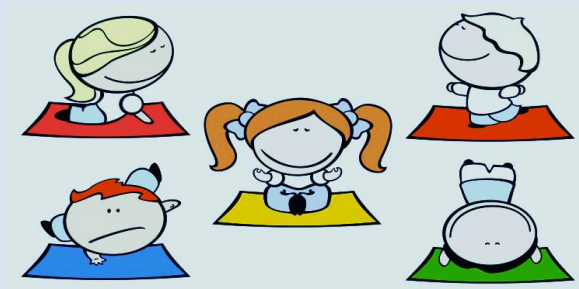






Please join us for YOGA  
Monday's & Thursday's  
in building #3 from 12-1pm



Grab a mat and come...

Rejuvenate, Refresh & Renew your

mind  AND  body!

All are Welcome!



\*\*for more details: [jhalgas@fc-cdci.com](mailto:jhalgas@fc-cdci.com)\*\*